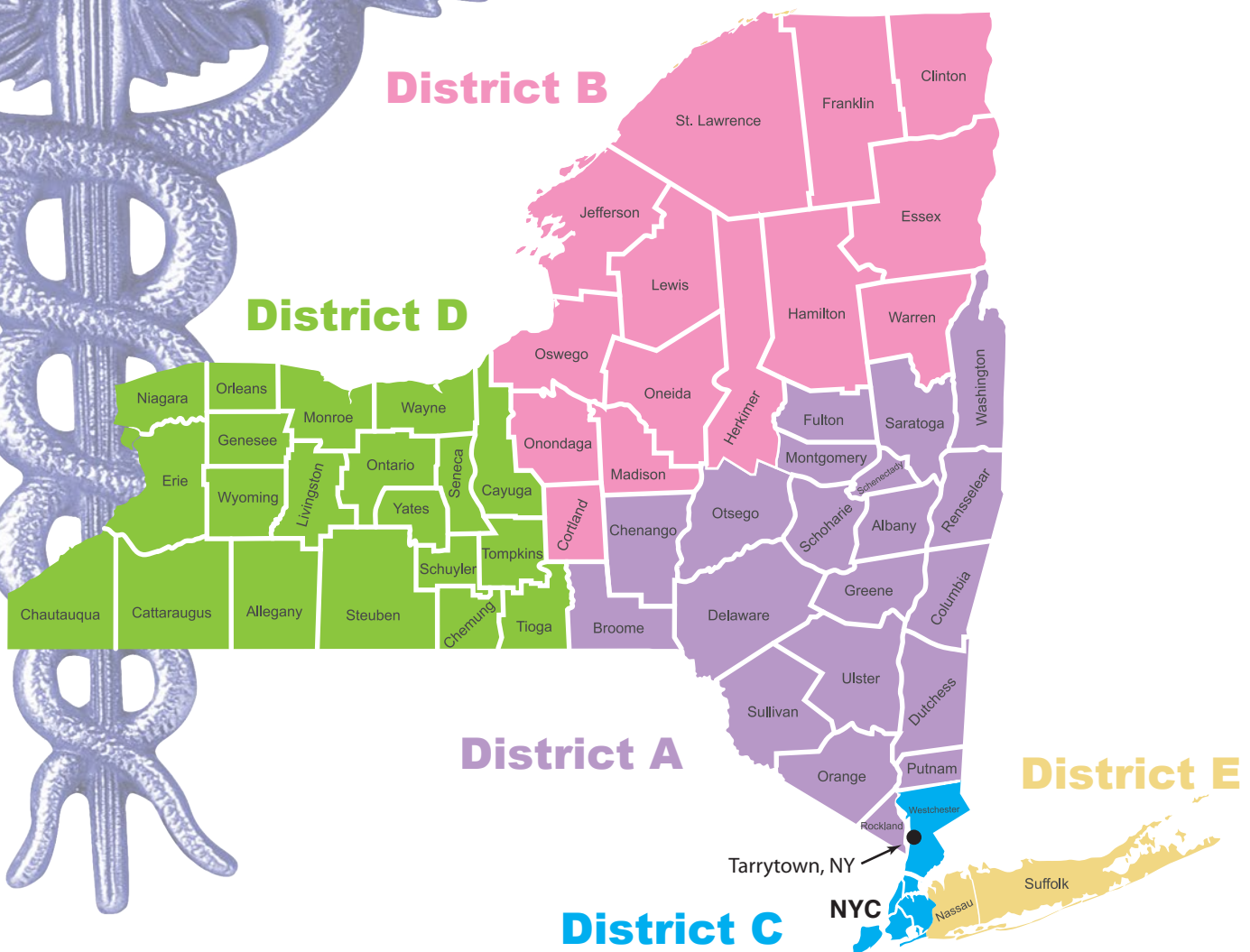
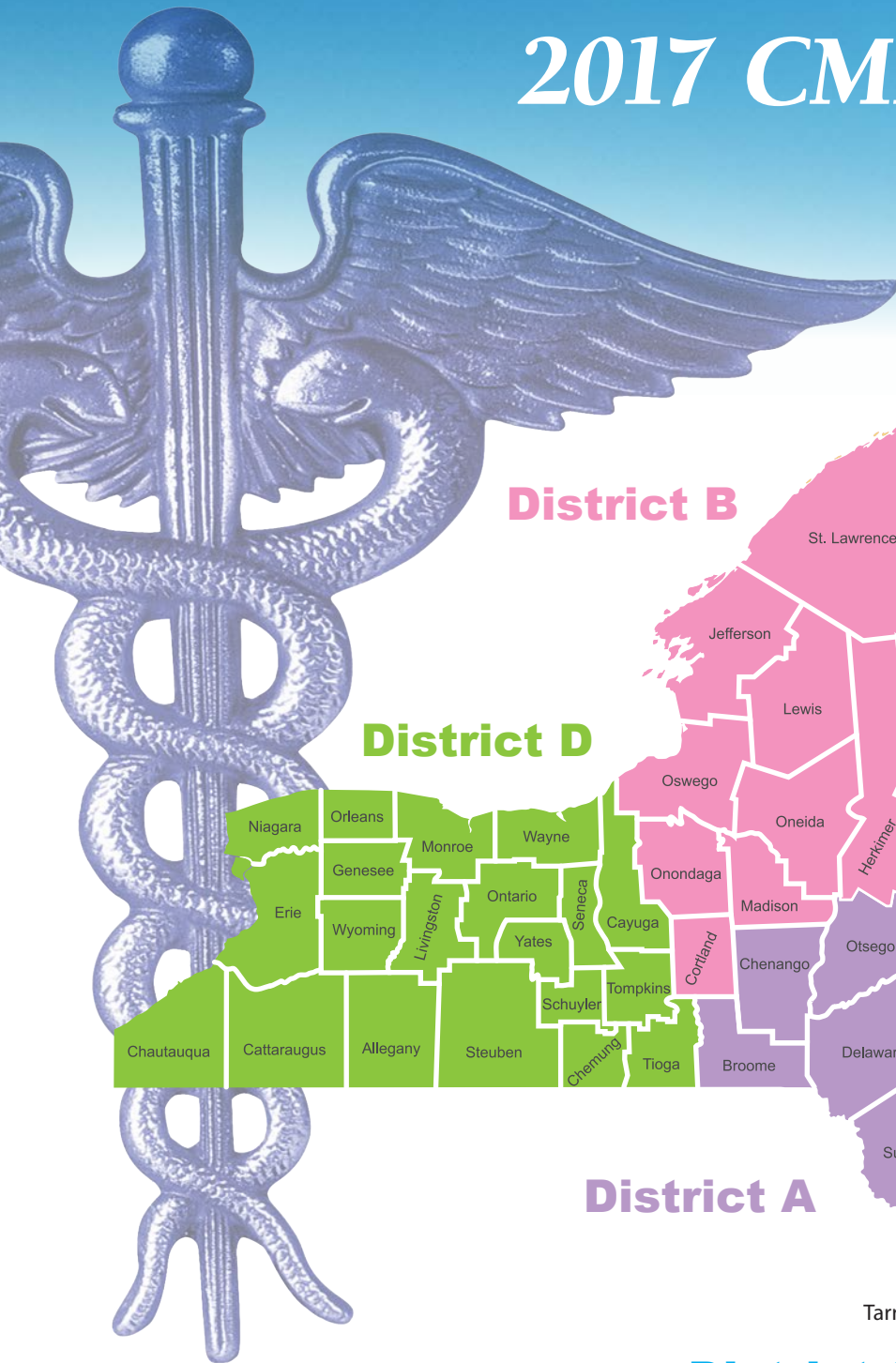




New York State Society of Physician Assistants

2017 CME Conference



Friday through Sunday, October 13 – 15, 2017

DoubleTree by Hilton Hotel Tarrytown

Tarrytown, New York

www.nysspa.org



New York State Society of Physician Assistants

2017 - 2018

NYSSPA Leadership

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Dear Members,

On behalf of NYSSPA's Executive Board it is my honor to welcome you to the **2017 Fall Conference**. Were confident this year's conference, "**NYSSPA Celebrates 50 Years of PA Healthcare Delivery, Advocacy and Leadership**", will provide a multifaceted experience. Attendees will have the opportunity to participate in thought provoking lectures and workshops to enhance clinical practice, professional knowledge and promote leadership skills for the 21st century PA.

The Hudson Valley, Tarrytown, provides a scenic location for medical education and opportunity to reconnect with PA colleagues. Included in registration is The Clara Vanderbilt Gala where we will be honoring PA's that have dedicated themselves to the profession, education and patient delivery. Attendees will also have the opportunity to also cheer their alma mater and students in NYSSPA's Annual Medical Jeopardy. This year's presidential charity will be "Action for Health Kids" a nonprofit organization and largest volunteer network for fighting childhood obesity and undernourishment. As clinicians we know a healthy child is the foundation of a healthy adult. You will be receiving information regarding this endeavor within the coming weeks.

The accomplishments of NYSSPA over time have provided PA's of New York State the opportunity to provide patient care in a manner that supports excellence. Our organization has provided legislation that provided elimination of 24 hour cosigns, increased supervision ratio, the ability to sign death certificates and full prescriptive authority. Your New York State Delegation to the American Academy of PAs House of Delegates unanimously voted to support the newly revised ideal PA practice act. As we celebrate the past we look toward the future. While NYSSPA will continue to advocate at the local and national level to shape the future of our profession, your continued membership and active participation is needed. Be a member, tell your friends to be member not just this year.... but throughout their PA journey.

Thank you for your commitment to the PA profession and the residents of New York State.

Sincerely,

Tracy L. Jackson, MA, PA-C

President

NYSSPA MISSION

NYSSPA strives to provide its members with relevant continuing education and a collective voice through advocacy & information impacting the PA scope of practice thereby promoting the profession in the State of New York.

WHO SHOULD ATTEND?

Those PAs, PA students, and other healthcare practitioners who want to connect with their peers, experiencing top notch CME and celebrate 50 years of PA history!

CONTINUING MEDICAL EDUCATION (CME) CREDITS - CATEGORY 1

The New York State Society of Physician Assistants utilizes the ACCME standards for programs of the AAPA (American Academy of Physician Assistants) in order to provide CME to participants.

NYSSPA takes responsibility for the content, quality and scientific integrity of the CME Activity. This program is not yet approved for AAPA Category I CME credit from the Physician Assistant Review Panel.

Each PA should claim only those hours of credit that he/she actually spent in the educational activity. This program is planned in accordance with AAPA's CME Standards for Live Programs and for commercial support of Live Programs.

FACULTY

Frank Acevedo, MS, PA-C	Shinu Kuriakose, DHSc, PA-C
Nina Ahmad, MD	David Lau, PA-C, DFAAPA
James Bell, MPAS, PA-C	Matt Lazar, PA-C
Susan Cappelmann, MS, PA-C	Louise Lee, EdD, MHA, PA-C
Ed Conway Jr. MS, MD	Adrian Llewellyn, MPAS, PA-C
Anthony Corcoran, MD, FACS	Carina Loscalzo, MS, PA-C
Bethany Dunn, PA-C	Norman McCulloch, PA-C
Shelby Edwards, DHSc, PA-C	Revathi Nair, PA-C
Austin Epstein, MS, PA-C	Jennifer Oliver, PA-C
Mary Flanagan-Kundle, MS, PA-C	Michael Querijero, PA-C
James Follette, MD, MSPH, DABA, DABAM, FASAM	Alyssa Quinlan, PA-C
Tom Gallo, JD, PA	Caroline Rath, MPH, PA-C
Pam Gregory-Fernandez, MS, PA-C	Eden Reis, PA-C
Brandon Godbout, MD	Denise Rizzolo, PhD, PA-C
Carlo Gwardschaladse, MD	Lorraine Sanassi, DHSc, PA-C
Jeremy Heinrich, PA-C, DFAAPA	Eva Schneider, PA-C, MBA
Elizabeth Horowitz, MS, MPH, PA-C	Stacey Singer-Leshinsky, MS, PA-C
Michael Hu, PA-C	Audrey Smith MS, PA-C, DFAAPA
Heather Isoloa, PA-C	Amanda Stolz, MSPH
David Jackson, DHSc, PA-C, DFAAPA	Danielle Varney, MPAS, PA-C
Louis Kaplan, PA-C, CWS, WCC	Elyse Watkins, DHSc, PA-C, DFAAPA
John Katsetos, PA-C	Gregory Welsh, MS, PA-C
William Kohlhepp, DHSc, PA-C	Dwayne Williams, PA-C
Jeena Kokura, MA, PA-C	Lee Zhao, MD, MS

PRELIMINARY PROGRAM

NYSSPA 2017 CME Conference

NYSSPA Celebrates 50 Years of PA: Healthcare Delivery, Advocacy, and Leadership

THURSDAY, OCTOBER 12, 2017

NYSSPA Committee Meetings

NYSSPA Board of Directors Meetings

WORKSHOPS

BCLS/ACLS Recertification Workshop

David Lau, PA-C, DFAAPA and Austin Epstein, MS, PA-C

***Additional Registration Fee Required**

10:00 am – 2:00 pm Basic Cardiac Life Support

12:00 pm – 6:00 pm Advanced Cardiac Life Support

10:00 am – 6:00 pm BCLS/ACLS

1. Workshop participants will engage in an American Heart Association, Basic Cardiac Life Support class and demonstrate competency of completing by technical skills and passing a written examination to recertify and becoming a Basic Cardiac Life Support provider within guidelines of the American Heart Association.
2. Workshop participants will engage in an American Heart Association, Advanced Cardiac Life Support class and demonstrate competency of completing with technical skills and passing a written examination to recertify and becoming an Advanced Cardiac Life Support provider within guidelines of the American Heart Association.

1:00 pm – 5:00 pm *Offered to NYSSPA Members Only

Buprenorphine Waiver Training: Half and Half

Moderator: Caroline Rath, MPH, PA-C - Moderator

Physician assistants will play a critical role in addressing the public health crisis of opioid overdose deaths by prescribing buprenorphine to their patients. Buprenorphine is an effective, yet underutilized medication for treatment of opioid use disorder – it reduces drug use and death from opioids. It can be prescribed in office-based primary care settings. Recent legislation allows physician assistants to prescribe buprenorphine upon obtaining a federal waiver after 24 hours of training. This workshop is a buprenorphine “half-and-half” waiver training (4-hours in-person at the conference, preceded by 4-hours of online training). This will fulfill 8 of the 24 hour training requirement. The additional 16 hours of training required of physician assistants are available free on-line by various organizations.

2:00 pm – 5:30 pm

Practical Tips for Bone Marrow Biopsies and Lumbar Punctures

Jeremy Heinrich, PA-C, DFAAPA and John Katsetos, PA-C

***Additional Registration Fee Required**

This is a practical workshop to give tips on performing bone marrow biopsies and lumbar punctures with short lecture then provide hands on 1:1 practice.

FRIDAY, OCTOBER 13, 2017

8:00 am – 9:00 am

Continental Breakfast with Exhibitors & Posters

9:00 am – 9:15 am

Welcome and Orientation

Tracy Jackson, MA, PA-C

NYSSPA President

9:15 am – 10:15 am

General Session Keynote

Gail Curtis, MPAS, PA-C, DFAAPA

AAPA President & Chair of the Board

10:15 am – 10:30 am

Break with Exhibitors & Posters

10:30 am – 12:30 pm

Plastic Surgery Suturing for the Non-Plastics PA

Eden Reis, PA-C & Jennifer Oliver, PA-C

Whether you work in the OR, a primary care office, a dermatology practice or an urgent care setting, your suturing skills are very important. We all learn the basics in school, but how can you take your suturing skills to the next level? In this workshop, taught by two plastic and reconstructive surgery PAs, you will learn how to achieve an aesthetically conscious closure no matter what the setting is. Whether it's a surgical wound or a laceration repair, we will provide you with the skills needed to choose the appropriate kind of sutures, the appropriate method of suturing and perform the highest level of care for your patients.

10:30 am – 11:30 am

TRACK 1: A Public Health Approach to The Opioid Crisis:

How PA's Can Make a Difference

Caroline Rath, MPH, PA-C

- Describe opioid-related epidemiology (national and local)
- Provide brief overview of opioid use disorder (addiction) and effective treatments
- Describe public health strategies to address the crisis
- Identify how physician assistants (PAs) can prevent and address opioid misuse and overdose in everyday clinical practice

TRACK NUMBER KEY

TRACK 1: PC/IM

TRACK 2: Surgery/ICU/EM

TRACK 3: Professionalism

TRACK 4: Educator

TRACK 5: Back to Basics

PRELIMINARY PROGRAM

TRACK 2: Renal & Other Related Toxic/Metabolic Emergencies

Michael Hu, PA-C

Briefly give case presentation for a patient with electrolyte/acid-base disturbance. Define acute kidney injury give basic morbidity and mortality information. Basic physiology of the kidney. Discuss common indications for hemodialysis (AEIOU) Acidosis - ABG interpretation, complex acid-base problems with triple disturbances. Discuss common causes of acidosis and the initial management.

Electrolytes-Initial evaluation and management of hyperkalemia, Symptomatic hyponatremia, hypercalcemia Ingestions - Initial evaluation and management of toxins requiring HD Overload - Initial evaluation and management of hypervolemia

Uremia - Initial evaluation and management (uremic encephalopathy, uremic pericarditis, uremic bleeding)

If time allowing may also discuss the initial evaluation and management of related pathology from toxic/metabolic derangements causing AKI or other severe end organ damage: Rhabdo Tumorlysis syndrome Nephrotic syndrome leading to hypercoagulable state Refeeding syndrome

TRACK 3: Is Clinical Education for Me?

Danielle Varney, MPAS, PA-C

Being a PA is a lifelong learning process, however once we leave school and take the PANCE exam we try not to think of learning “too much” before our recertification. We live by the motto, “see one, do one, teach one” but how do we know if we’re ready to teach? Or even if we want to? This interactive lecture will discuss ways that PAs can give back to future PAs, either by precepting, mentoring, or becoming faculty. We will discuss the benefits and costs of working with students and explore ways to get more involved in the future of the profession.

11:30 am – 12:30 pm

TRACK 1: Historical Clues, Physical Signs, Lab Diagnosis and Treatment of Anogenital and Systemic STDs

Speaker TBD

1. List current tests used for STD screening/testing.
2. Describe current treatment of common STDs.
3. Describe the clinical assessment of common STDs (including syndromes), typical signs and symptoms, and treatment.
4. Describe partner treatment and patient education for each presented STD.
5. Identify resources for STD guidelines, continuing education and consumer counseling and education.

TRACK 2: Thinking of the Unthinkable:

The Ultimate Response to a Mass Casualty Incident

Brandon Godbout, MD

Modern healthcare systems continue to be threatened by a variety of “disaster-potential” events. An ever growing concern is the threat of a local mass casualty incident and its potential impact

on normal healthcare operations. However, understanding a hospital’s hazard vulnerability analysis represents only a small fraction of the preparation necessary to ensure the safety of front line staff as well as an informed, effective response. As such, education and deliberate practice are keys to the success of healthcare providers in the aforementioned scenarios. During this session and in line with the theme of “PA’s Keeping New York Healthy”, participants will further appreciate the intricacies of a mass casualty incident and apply basic principles to ensure the best possible outcomes for healthcare systems and the patients they serve.

TRACK 3: Per Diem or Regular Employment, What is Right for Me?

David Jackson, DHSc, PA-C, DFAAPA

In this session the participant will learn how to evaluate the value of employment benefits such as: (a) medical coverage, (b) dental coverage, (c) vacation time, (d) CME time and allowance, and (e) retirement plans to name a few. Additionally, there will be discussion on negotiation tactics and skills.

12:30 pm – 2:00 pm

Lunch on Your Own

2:00 pm – 3:00 pm

TRACK 1: Breast and Ovarian Cancer Prevention:

Risk Stratification and Management in Young Women

Speaker TBD

TRACK 2: Novel Therapies for Mitral Regurgitation

Michael Querijero, PA-C

Management of patients with chronic mitral regurgitation requires an understanding of the pathophysiology and natural history of the disease and the efficacy and timing of treatment. Primary MR is caused by a primary abnormality of one or more components of the valve apparatus (leaflets, chordae tendineae, papillary muscles, annulus) in contrast to secondary MR, which is caused by another cardiac disease (such as coronary heart disease or a cardiomyopathy). Identification of the cause and type (primary or secondary) of MR is required for appropriate management of MR as well as any associated conditions. Transesophageal Echocardiogram is an effective imaging tool in the evaluation of mitral valve disease which can help determine the severity or cause of mitral regurgitation.

At this time for patients who have failed medical therapy mitral valve repair or replacement is recommended. However, there is a population of patients who are high risk for surgery. This growing population typically consists of the elderly who have developed comorbidities making surgery too high risk or prohibitive. There are also certain anatomies that make surgical mitral valve repair/replacement challenging and inoperable. The field of transcatheter therapies has been transformative for patients with aortic valve disease. Over the last several years only the mitral valve clip has served as an alternative to open heart surgery. Recently there are now a number of feasibility studies looking at transcatheter mitral valve replacement. The anatomy of the mitral valve poses challenges in selection of patients which will be briefly discussed.

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TRACK 3: Improving Your Prognosis

Tom Gallo, JD, PA

This presentation will discuss the medical-legal aspects of practice in primary and tertiary care settings. Multiple areas of discussion will include tactics of risk management, while improving patient outcomes. Specific examples of real-life situations will be analyzed.

3:00 pm – 4:00 pm

TRACK 1: Zika Virus: What You Need to Know

Nina Ahmad, MD and Amanda Stolz, MSPH

This lecture will be given in two parts. The first will be an overview about the history of the Zika virus epidemic, as well as basic epidemiology and clinical effects of Zika virus infection. Current Centers for Disease Control and Prevention (CDC) and New York State guidelines for travel, prevention, preconception counseling screening, laboratory testing, and clinical management for the Zika virus will be outlined. Updated information and remaining questions about adverse outcomes for women, fetuses and infants exposed to the Zika virus will be reviewed.

The New York State Congenital Malformations Registry is charged by the CDC with collecting and reporting birth defects associated with prenatal exposure to the Zika virus. In the second part of the presentation, guidelines will be given on the required reporting of pregnant women, fetuses and infants with laboratory evidence of Zika virus exposure or with birth defects associated with Zika virus exposure. Current data related to exposures and reported malformations of exposed infants in NYS will be reviewed.

TRACK 2: Acute Abdomen

Adrian Llewellyn, MPAS, PA-C

Attendees will be able to understand the importance of a good thorough history and physical exam, and the need to formulate differential diagnosis that can assist in the recognition of an Acute Abdomen.

TRACK 3: Substance Abuse in Health Care Providers

James Follette, MD, MSPH, DABA, DABAM, FASAM

I am a recovering physician and my journey from chief of a department of anesthesia, through fentanyl addiction and into recovery, to practicing addiction medicine and pain management will be described. This journey has provided me with insight into the appropriate management of addiction in my patients and the obligation to provide effective and responsible care of patients with chronic pain. Also, it is imperative that we understand the threat of addiction to health care providers.

4:00 pm – 5:00 pm

TRACK 1: COPD: GOLD Update

Bethany Dunn, PA-C

In early 2017, the Global Initiative for Chronic Obstructive Lung Disease (GOLD) released updated guidelines regarding recommendations for the diagnosis and management of chronic obstructive pulmonary disease. These revised guidelines highlight changes in diagnosis, symptom evaluation, separation of symptom evaluation from spirometric assessment, and pharmacologic treatment including escalation and de-escalation

strategies, while emphasizing importance of identifying and managing comorbidities in the management of COPD patients. My presentation will summarize these updates and guide the practitioner in a step by step fashion on how to diagnose, manage and treat COPD under these new recommendations.

TRACK 2: Pediatric Emergencies:

A Primer for The Frontline Practitioner

Alyssa Quinlan, PA-C

Caring for the acutely ill pediatric patient can occur outside of pediatric practices in areas such as emergency medicine, primary care, surgery and many other subspecialties. Therefore, even if a clinician does not specialize in general pediatrics, they may encounter children at some point in their practice. This session will review pediatric emergencies with a focus on basics for the non-pediatric provider. The presentation will utilize a systems based approach to discuss common presenting signs and symptoms, etiology, diagnostic modalities and treatment for the most commonly encountered pediatric emergencies. Students and Practitioners will have the opportunity to participate actively with review questions throughout the session.

TRACK 3: Building 50 Years of Innovation in PA Education:

What's Next?

William Kohlhepp, DHSc, PA-C

In this time of unpredictability and rapid change, the clinically flexible PA is more than ever an essential part of the health care system. As we celebrate the 50th anniversary of the profession, it's the perfect time to look at the innovations and progress that have been made in PA education – how we got from three graduates and one PA program in 1967 to nearly 110,000 PAs and 218 programs today. We have advanced from mostly technical training into the full realm of academia, broadening our focus to include research, scholarship, and teaching. We have incorporated standardized patients, high-fidelity simulation, and classroom response systems. Students also have changed – they are now typically younger and have less health care experience. And the way we teach has changed. The pace of growth in medical knowledge is now so rapid that our focus has shifted from teaching students about specific new diseases toward teaching them how to access, evaluate, and apply information.

Our goal is to graduate PAs who can “hit the ground running” and adapt to any environment. And we know that while new graduates are skilled and possess a great deal of medical knowledge, they do not always meet the expectations of employers, so we are working on ways to better align education and practice. This session will discuss how PAEA's work on core competencies and outcomes-based accreditation is driving a more coordinated national agenda for PA education, as well as a “roadmap to competency” that covers the continuum from admissions to clinical practice. These ideas and initiatives – and their role in the future of PA education – will be explored during this unique presentation.

5:30 pm – 7:00 pm

Alumni Reception

7:00 pm – 11:00 pm

50th Anniversary Gala Dinner

PRELIMINARY PROGRAM

SATURDAY, OCTOBER 14, 2017

7:00 am – 8:00 am

Continental Breakfast

8:00 am – 8:15 am

Orientation & Updates, Special Recognition

8:15 am – 9:15 am

General Session: Legislative Update

State of PA Practice in New York State

David Jackson, DHSc, PA-C, DFAAPA

This session will educate both PAs in practice and PA students about the most recent legislative issues affecting PAs in New York. An update will be provided regarding our current legislative agenda, our progress and struggles. This session will conclude with Q & A.

9:15 am – 9:30 am

Break

9:30 am – 10:30 am

TRACK 4: Use of Empathy to Increase Efficiency and Patient/Provider Satisfaction

James Bell, MPAS, PA-C

The power of the Physician Assistant in practice lies within the realms of versatility and communication. As Physician Assistants we have the opportunity and reputation to be the expert on the team regarding communication. This session highlights commonly used communication practices to increase patient and provider satisfaction while simultaneously reducing patient interaction time. Many providers shy away from engaging in empathy in the examination room due to fears associated with prolonged visit times and reduced productivity as well as the emotional burden. The hope is that the attendants can add to the skills and practices that they already successfully use and complete the “tool box” to enhance their impact while minimizing the burden often associated with patient care. Strategies will be discussed that will help when engaging in challenging conversations. The format will be didactic and discussion. The material is based in research and focused around communication. Clinical expertise is expected and is not the goal of this session.

TRACK 5: Taking a Sexual History and Behavioral Risk Assessment

Speaker TBD

1. List complications of undiagnosed and untreated STDs
2. Recognize that taking a Sexual History and Behavioral Risk Assessment (SH/BRA) is now a standard of medical care in primary care settings to promote sexual health.
3. List three main components of taking a SH/BRA.
4. List three open ended questions used to ask about sexual, substance use and health promotion behaviors.

TRACK 1: The Drama & Trauma of Pediatric Sports Medicine

Shelby Edwards, DHSc, PA-C

This lecture will familiarize attendees with common orthopaedic injuries encountered by pediatric athletes. Any PA who is involved in the treatment of pediatric patients in primary care, pediatrics, emergency medicine, or orthopedic surgery will find this lecture session useful.

This session will cover concussion, osteochondritis dissecans, shoulder pain, knee injuries, ankle injuries and apophysitis.

TRACK 2: Pediatric Sepsis: The Good, The Bad, The Future

Ed Conway, Jr, MS, MD

The session will provide an overview of pediatric sepsis. It will focus on the recognition and management of this entity. I will review the most recent guidelines and explain the NYSDOH mandatory reporting and share the most recent data concerning the efforts in NY State. We will review early recognition and management and what a difference this can make. We will discuss mechanisms of how and why pediatric patients are more susceptible to sepsis. We review the new definitions of sepsis, severe sepsis and septic shock. There will be updated guidelines published in the summer of 2017 (I am one of the authors) and these along with the most recent (2016) PALS guidelines will also be reviewed.

10:30 am – 11:30 am

TRACK 4: Interactive Learning in the PA Curriculum

Louise Lee, EdD, MHA, PA-C

This session will be introducing the topic of Interactive Learning using forums such as social media and simulation training and student interaction to enhance learning outside the classroom. The presenters will focus on methodologies that have been utilized at our university (learning ECGs using Facebook) with the use of other interactive learning modalities such as SimMan outside of the classroom. The presenters will also discuss the incorporation of interactive learning in inter-professional education (IPE).

TRACK 5: Post- Exposure Prophylaxis

Lorraine Sanassi, DHSc, PA-C

On June 29, 2014, Governor Andrew M. Cuomo detailed a three-point plan to move us closer to the end of the AIDS epidemic in New York State. The goal is to reduce the number of new HIV infections to just 750 (from an estimated 3,000) by 2020 and achieve the first ever decrease in HIV prevalence in New York State. One of the ways to do this is by implementing Pre-Exposure Prophylaxis (PrEP) into primary care medicine. Pre-Exposure Prophylaxis (PrEP) is the latest and most exciting bio-medical intervention for HIV prevention and has been proven to be highly effective. PrEP can help prevent HIV infection in people who don't have HIV but who are at high risk of becoming infected with HIV, such as men who have sex with men (MSM), injection drug users (IDU), and heterosexual men and women at substantial risk of acquiring HIV infection. PrEP involves taking a specific HIV medicine (tenofovir disoproxil fumarate + emtricitabine - Truvada) daily, and if a person is exposed to HIV while on PrEP it will help stop HIV from establishing infection in the body. It is important that all medical providers are aware of

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this prevention to help decrease the HIV/AIDS epidemic that has existed for far too long. The purpose of this presentation, therefore, is to increase awareness of new trends that exist for HIV prevention.

TRACK 1: Jazzy Cases of Tick-borne Illnesses

Mary Flanagan-Kundle, MS, PA-C

This presentation will include interesting cases of tick-borne infections. It will review the risk factors for these diseases including geographic, recreational and occupational exposures. In addition, the clinical symptoms, physical findings, diagnostic testing and treatment regimens will be reviewed. Prevention and patient education are fundamental components in these diseases and will also be discussed. Throughout the lecture, audience participation will be encouraged with various questions in each of the cases presented (preferably with audience response questions). The cases will each have a “twist” that incorporate either a common presentation of an uncommon disease or an uncommon presentation of a common disease. These are the types of cases that often result in “bounce back” visits to the emergency department. After working through these “jazzy” cases, the practitioner/student will have sharpened their skills in formulating differential diagnoses. They will critically analyze the clinical signs and symptoms and determine the most appropriate diagnostic tests to facilitate solving the case and establishing the correct diagnosis.

TRACK 2: Emergent Evaluation of Dizziness

Norman McCulloch, PA-C

Upon completion of the lecture participants should be able to:

- Describe the most common causes of dizziness and how they may present
- Discuss diagnostic modalities for patients with dizziness
- Know the treatment options for the most common causes of dizziness
- Identify patients with life threatening causes of dizziness

11:30 am – 11:45 am

Break

11:45 am – 12:45 pm

TRACK 4: Foundational Concepts of Debriefing

Gregory Welsh, MS, PA-C

Debriefing conversations are a teaching tool used to give feedback after a simulation learning session. This presentation will cover the foundational concepts of how to approach debriefing. Topics will include (1) reasons to use simulation sessions, (2) creating a “safe” learning environment, (3) utilizing a structured approach to debriefing. The structure follows three phases: (1) reactions, (2) understanding, (3) summary.

TRACK 5: Ventilators in the Critically Ill:

A Simplistic Approach to a Complicated Issue

Frank Acevedo, MS, PA-C

The management issues that surround the use of ventilator support can seem daunting at times. Selection of mode, tidal volume, oxygen level, positive end expiratory pressure, and other ventilator

adjustments can leave you feeling overwhelmed. This presentation is designed to level the playing field for physician assistants who work with ventilators on a regular basis or even those who are infrequent users. Upon completion participants will have a working knowledge of the most common ventilator modes as well as how to go about placing a patient on a ventilator, maintaining them while on a ventilator, and finally liberating them from a ventilator. The goal is to leave you with a fund of knowledge that will allow you to determine initial ventilator settings confidently as well as deal with all issues related to this decision.

TRACK 1: Recognition & Management of Geriatric Depression

Shinu Kuriakose, DHSc, PA-C

As the population gets older, it is imperative that primary care clinicians (treating the vast majority of geriatric patients) are able to screen, recognize and treat elderly patients who might be suffering from depression. This is a growing medical/mental health issue due to the scarcity of mental health professionals available in local communities especially in the vast rural areas of New York State. The focus of this session will be for PCP's to recognize the unique aspects of aging, the intricacies of depression presenting in an older patient compared to younger patients and the specific treatments available to deal with this malady. There will also be an increased emphasis on elder abuse as it certainly plays a major role in geriatric depression.

TRACK 2: Breast Surgery

Elizabeth Horowitz, MS, MPH, PA-C

Breast cancer is the most common cancer in both the developed and developing world, accounting for 1/10 of all new cancers worldwide. It is the primary cause of death from cancer globally.

Management of breast cancer is a rapidly changing field as advances in our understanding of cancer – both the underlying causes, tumor biology driving different cancers, and new drugs and modalities of treatment seem to change daily. We now know that breast cancer is not really one disease. Each tumor is probably different, as well as the same, but increasingly management depends on many variables – tumor markers, intrinsic subtyping, as well as tumor size and lymph node positivity.

In the US and Europe, our ability to detect and therefore treat early cancers, and to decrease mortality rates through new and innovative treatments continues to improve. Yet, both the incidence of breast cancer, and mortality from breast cancer is growing in the developing world. Why is it that this disparity increases as our knowledge and treatment options grow?

This lecture will review what's new in the field of breast cancer, and is intended to help increase our general fund of knowledge of the disease, as well as the new methods and treatments for management of our patients.

Because our care of patients does not exist in a vacuum, we will also look at diagnosis, management, and treatment from a global perspective, and examine current disparities in screening, diagnosis, and ability to treat both in the US as well as around the world.

12:45 pm – 2:00 pm

Membership Luncheon

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2:00 pm – 3:00 pm

TRACK 4: Faculty Forum: Survival Tips for PA Educators

Susan Cappelmann, MS, PA-C & Carina Loscalzo, MS, PA-C

PA educators encounter various obstacles throughout their careers. Identifying ways to best address obstacles are essential to success. The session is designed to create an open discussion regarding the challenges encountered within PA education. Sharing ideas and problem-solving are the cornerstone of the session. The session creates a collegial atmosphere to encourage mentorship, leadership, and collaboration between educators.

TRACK 5: The Benign Pelvis

Heather Isola, PA-C

The presentation “The Benign Pelvis” will focus on general pelvic anatomy, diseases, common reproductive issues, approaches to differential diagnoses and work-ups for each of these issues. The discussion will include not just the obvious reproductive tract and issues, but additionally approach incontinence, pelvic organ prolapse, pelvic dysfunction as important benign issues of the pelvis. Time will be spent on how the general practitioner can start work-ups for common problems, and start treatment with a better understanding of the benign pelvis. Highlights will be made on when and where to refer to specialists, and the roles and appropriate timing of biopsy and surgery in general Gynecology. The audience will gain a better understanding of Gynecology, and hope to use this information to gain more comfort in speaking with women in his/her practice and applying it to future treatment of patients.

TRACK 1: Diabetes Management: Beyond Metformin

Audrey Smith, MS, PA-C, DFAAPA

I will present an update on the recent 02/2017 AACE white paper and new AACE guidelines for the treatment of DMII patients who are not at goal with Metformin. I include the fundamental basics such as diet, exercise, weight control in addition to discussing individualized HbA1C testing for specific patient types.

In this lecture, I present the AACE guidelines for medication according to the algorithms for patient type based on glycemic control. This lecture reviews each drug indication, dosages, side effects, drug interactions and need for monitoring. All drug names are generic.

I will also present the new FDA safety guidelines for kidney function levels for patients on metformin and how they should be monitored long term.

TRACK 2: Orthopedic Emergencies

Jeena Kokura, MA, PA-C

Have you ever had an experience or moment in the emergency room where you question yourself as a provider should I call or not call orthopedics. At the end of this course, you should be able to identify seven orthopedic emergencies that would require you to call an orthopedic consultant. Participants will have the basic knowledge of the clinical presentation, initiate diagnostic tests and management for these seven orthopedic emergencies.

3:00 pm – 3:30 pm

Break

3:30 pm – 4:30 pm

TRACK 5: Pressure Injury Care for the Primary Care Provider

Louis Kaplan, PA-C, CWS, WCC

Primary care physician assistants are increasingly becoming more involved with the diagnosis and management of pressure related wounds than ever before. Pressure ulcers which are now being referred to as “pressure injuries” are no longer predominantly being managed in the nursing home. The management has extended into acute care hospitals, home care services and community primary care. The subspecialty of advanced wound care requires specific clinical skills not often available from nurses, surgeons or other primary care clinicians. Pressure injuries require an expert’s clinical assessment that understands the skin is an organ and is influenced by numerous factors to promote healing. The development or worsening of pressure injuries have also resulted in numerous negligence and malpractice law suits against providers and faculties. This lecture will provide the basic skills to define what a pressure injury is, risk factors in developing a pressure injury, organ systems that impact on healing, clinical exam, staging of pressure injuries, other possible wound etiologies, off-loading devices, treatments, hyperbaric oxygen therapy, nutrition, documentation and risk management suggestions.

TRACK 1: Red Flags or Late Bloomer: Autism Spectrum Disorder

Denise Rizzolo, PhD, PA-C

The word “autism” comes from the root “auto” meaning “self.” The term literally means a person removes or isolates oneself. In the 1940s, researchers used the term “autism” to describe children with emotional and/or social problems. More recently autism is referred to as autism spectrum disorder which is development condition that can cause significant social, communication and behavioral challenges. The incidence of autism has steadily been on the rise. The Center of Disease estimates 1 in 68 children have been diagnosed with autism. Boys are five times more likely compared to girls to be identified with ASD. Children are usually diagnosed with ASD after the age of four. While ASD affects all races, ethnic and socioeconomic groups the incidence appears to be highest in white children. Early symptoms of ASD are sometime easily overlooked. The child can be called a “late talker” or “late bloomer”. It is important for the clinician to recognize the red flags for ASD so a prompt referral can be made. Early intervention is the pivotal in helping children with ASD steadily improve their developmental outcomes.

TRACK 2: Vasoactive Medications & Shock

Matt Lazar, PA-C and Revathi Nair, PA-C

Introduction to different forms of shock (distributive, obstructive, neurogenic, hemorrhagic) definitions, clinical features, etc. Introduction to vasoactive medications. Clinical scenario, determining appropriate treatment (medication) for each form of shock.

PRELIMINARY PROGRAM

TRACK 3: PEARLS TO PASS THE PANRE: Test Taking Strategies

Dwayne Williams, PA-C

Informative session on how to effectively study for the PANRE and effective test-taking strategies:

- Common pitfalls people make in studying for the PANRE
- The most effective way to make use of your study time
- How to use practice test questions to your benefit
- Learning the type of test taker you are to turn your flaws into strengths
- The power of the mind during test taking: turning your trials into triumphs
- Common pitfalls people make in answering test questions
- The most effective way to take the PANRE

4:30 pm – 6:00 pm

Dinner on Your Own

6:00 pm – 9:30 pm

Medical Jeopardy

David Jackson, DHSc, PA-C, DFAAPA

10:00 pm – 11:00 pm

Post Medical Jeopardy Reception

SUNDAY, OCTOBER 15, 2017

9:00 am – 10:00 am

TRACK 1: Arm Your Aging Patient's with Fall Prevention

Tips & Tools

Pam Gregory-Fernandes, MS, PA-C

By 2030 there will be 2 million people age 65 or older. This will increase the number of potentially dependent elderly and geriatric health care burden, as well as increase health care costs related to physiologic changes and pathophysiology. Falls account for a large percentage of hospitalizations and long term care placement. In addition, the cost of falls adds a tremendous burden to healthcare expenditure in the United States. During this session, clinical practice guidelines for prevention of falls in older persons will be presented. This will include clinical tools, guidelines and recommendations from the American Geriatric Society and the National Institute on Aging. Practitioners will learn how to present information and tools to their patients, families and care givers for the prevention of falls, and if a fall does occur, best practice management. The session will present a short review on the epidemiology of falls and the injuries that may occur.

TRACK 2: Transgender Surgery

Lee Zhao, MD, MS

Transgender individuals are becoming more prevalent in society. There are an estimated 700,000 individuals in the US with gender dysphoria. Many of these patients will undergo medical and surgical transformation. Transgender patients at various stages of their transformation will present to medical clinics for care. It is important for practitioners to understand the transition process, and the unique components of caring for transgender patients.

Hormonally related conditions from the natal sex may still be present. For example, male to female patients are still at risk for prostate cancer and benign prostatic hyperplasia even after gender confirmation surgery.

10:00 am – 10:15 am

Break

10:15 am – 11:15 am

TRACK 1: Hypertensive Disorders in Pregnancy

Elyse Watkins, DHSc, PA-C, DFAAPA

This session will provide a review of hypertensive disorders in pregnancy, including gestational hypertension, chronic hypertension, and pre-eclampsia/eclampsia. The epidemiology, pathophysiology, diagnosis, and treatment of each disorder will be discussed, using current evidence-based guidelines. Cases will be interspersed during the session to facilitate learning.

TRACK 2: Prostate Cancer in 2017: An Update on Screening and Treatment Options for the Newly Diagnosed and Recurrent Prostate Cancer Patient

Anthony Corcoran, MD, FACS

I will review contemporary diagnostic and treatment options for men with prostate cancer. This will review new blood tests that can help with risk stratify men with elevated PSA for risk of prostate cancer, new diagnostic tools such as MRI/US fusion biopsy, treatment options including robotic surgery for prostate cancer, newer genomic testing in patients with prostate cancer and multi-modal therapy in men with advanced disease.

11:15 am – 12:15 pm

TRACK 1: The Identification & Treatment of Cardiac Arrhythmias

Stacey Singer-Leshinsky, MS, PA-C

This session will review the identification of cardiac arrhythmias to include atrial, ventricular, and AV blocks. Treatment options for symptomatic arrhythmias will be briefly discussed. There will be a review EKG findings associated with ACS, specifically NSTEMI and STEMI, including inferior, lateral, anterior, and septal wall infarctions. The 2015 American Heart Association treatment guidelines for the above arrhythmias will be reviewed.

TRACK 2: Bariatric Surgery

Eva Schneider, PA-C, MBA

Bariatric surgery provides the opportunity to cure obesity related medical disease. However, before embarking several factors need consideration. Who is an appropriate candidate for surgical management? What are the risks and benefits in both the short and long term? What are the available procedures? Restrictive vs mal absorptive techniques as well as combination options will be explored from the technical aspects to the bedside applications. The importance of the multi-disciplinary team and therein the role of the Physician Assistant in successful surgical weight loss will be addressed.

12:15 pm – 12:30 pm

Closing Remarks

GENERAL INFORMATION

HOUSING

The host hotel for the NYSSPA 2017 CME conference is the DoubleTree by Hilton Hotel Tarrytown located at 455 South Broadway, Tarrytown, NY 10591. NYSSPA has secured a special group rate of \$165 per night, single/double occupancy, plus tax. This rate will be available until Tuesday, September 19, 2017, or until the block is full, whichever comes first. Please be sure to secure your reservation as early as possible to guarantee rate, availability and your preferred room type. Please use the hotel's reservation site to book your reservation and secure the discounted NYSSPA rate. You can find the link to the hotel's reservation site by visiting the NYSSPA conference page. You can also call 914-631-5700, please reference the group code "SPA" to reserve a room at the discounted rate.

PHYSICAL CHALLENGES

The New York State Society of Physician Assistants wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently than other individuals because of the absence of auxiliary aids or services. If you need any auxiliary aids or services identified in the American with Disabilities Act, please contact Laura Newcomb, NYSSPA Account Executive, at 877-769-7722, or write to her at NYSSPA Headquarters, 174 S. New York Road, POB 606, Oceanville, NJ 08231 or meetings@nysspa.org

ATTIRE

Attire for the conference is business casual. Meeting room temperatures often vary during the course of the meeting, so please plan accordingly

QUESTIONS

If you have any questions or need additional information, please contact the NYSSPA office at 877-769-7722. For meeting and exhibit inquiries email – meetings@nysspa.org. General Inquiries – info@nysspa.org





New York State Society of Physician Assistants

174 S. New York Rd. POB 606, Oceanville, NJ 08231

P: 877.769.7722 | www.nysspa.org

2017 CME Conference | October 13 – 15, 2017

REGISTRATION FORM

REGISTRATION OPTIONS

- ☐ NYSSPA Member \$425.00 _____
- ☐ Constituent Chapter Member \$425.00 _____
- ☐ NYSSPA PA Student Member \$200.00 _____
- ☐ One Day Only – Member: \$275.00 _____
- ☐ Friday ☐ Saturday ☐ Sunday
- ☐ Join & Register \$600.00 _____
- ☐ Non-Member \$650.00 _____
- ☐ PA Student Non-Member \$300.00 _____
- ☐ One Day Only – Non-Member: \$450.00 _____
- ☐ Friday ☐ Saturday ☐ Sunday
- ☐ Spouse/Guest \$175.00 _____

Conference Registration Fee Includes:

CME Lectures, Breaks, Legislative Luncheon, the President's Reception and Gala

Guest Registration Fee Includes:

Refreshment Breaks, Legislative Luncheon, President's Reception, and Gala Dinner. Spouse/Guest registration does not include admittance to presentations.

PRECONFERENCE WORKSHOPS

Thursday, October 12, 2017

	1 Lecture	2 Lectures	Time
<input type="checkbox"/> Practical Tips for Bone Marrow Biopsies and Lumbar Punctures	\$ 40.00 _____	\$ 60.00 _____	2:00 pm – 5:30 pm
<input type="checkbox"/> Buprenorphine Waiver Training: Half and Half	_____ <i>NYSSPA Members ONLY can Attend</i> _____		1:00 pm – 5:00 pm
<input type="checkbox"/> Basic Cardiac Life Support Fee	\$ 65.00 _____		10:00 am – 2:00 pm
<input type="checkbox"/> Advanced Cardiac Life Support Fee	\$130.00 _____		12:00 pm – 6:00 pm
<input type="checkbox"/> BCLS and ACLS Combined	\$170.00 _____		10:00 am – 6:00 pm

Membership Fee

- ☐ Renewal \$175.00 _____
- ☐ New Member \$175.00 _____
- ☐ Student Membership \$ 75.00 _____
- (Valid for duration of student enrollment)

TOTAL REGISTRATION FEES \$ _____

REGISTRATION INFORMATION (PLEASE PRINT CLEARLY)

First Name _____	Last Name _____	Degree/PA-C (list clearly) _____
Affiliation _____		PA Program Attended(ing) _____
Address _____	City _____	State _____ Zip _____
Business Telephone _____	Fax Number _____	Email Address _____
Spouse/Guest Name _____		(Name on Badge) _____

METHOD OF PAYMENT

- ☐ American Express ☐ Visa ☐ MasterCard ☐ Check ☐ Cash

Card #: _____ Expiration: ____/____ Security Code: _____

Name on Card: _____ Signature: _____

Your signature authorizes your credit card to be charged the total payment above.

AMOUNT: _____ DATE: _____ CASHIER: _____



New York State Society of Physician Assistants

You're Invited to Join NYSSPA Today!

New Members joining After November first will receive the remainder of the membership year at no additional cost

Membership Categories		
Fellow Member	\$175 Annually July 1 - June 30 Membership Year	Any person who is registered in New York State as a PA and is a fellow member of the American Academy of Physician Assistants
Affiliate Member	\$175 Annually July 1 - June 30 Membership Year	Any person who is registered in New York State as a PA and is eligible for fellow membership in the AAPA but who chooses not to become such
Associate Member	\$175 Annually July 1 - June 30 Membership Year	PAs from other states, or PAs in New York State who are not employed; Non-PAs who support the goals of NYSSPA
Sustaining Members	\$75 Annually	PAs eligible for Full or Affiliate membership who have chosen not to practice in a PA-oriented career or who have retired from the PA profession
Student Member	\$75 Duration of Student Enrollment	Any person enrolled in a PA program or interested in pursuing a career in the PA profession. Student membership is valid for the duration of your student enrollment

NYSSPA's Mission: NYSSPA strives to provide its members with relevant continuing education and a collective voice through advocacy and information impacting the PA scope of practice thereby promoting the profession in the State of New York.

NYSSPA's Significant Accomplishments

- Successful lobbying for and passage of the Re-statement of Physician Assistant Practice Act
 - Successfully lobbied for the legislative removal of the 24-hour Countersignature Requirement for PAs
- Secured DEA Licensure for the PA privilege to prescribe Schedule II-V Medications
 - Protected PAs' rights to First Assist in surgery
 - Obtained Licensure for PAs from the Department of Education
 - Awarded over \$60,000 in PA student scholarships over the past decade
- Supported appointment of a PA Representative on the board of the OPMC

These initiatives take time, money and you; they could not have been achieved without a strong NYSSPA Membership. NYSSPA needs you now and the best way to support the Society and the PA profession in New York is to join as a member.

What is NYSSPA?

The New York State Society of Physician Assistants (NYSSPA) is a non-profit 501(c)6 volunteer membership organization that has represented and served the PA profession for nearly 50 years. NYSSPA is comprised of PAs from across the state of New York, devoted to supporting the PA profession by participating in continuing education programs, professional and legislative advocacy on behalf of all NY State PAs, improving public awareness of the important role that PAs play in providing necessary healthcare to the public and fostering a mutually beneficial relationship with supervising physicians. NYSSPA is not a government or regulatory agency, licensing or certification body and funding is provided primarily by the membership and our educational activities.

Join NYSSPA today! [**www.nysspa.org**](http://www.nysspa.org)



New York State Society of Physician Assistants

NYSSPA Membership Application

☐ New ☐ Former

First/Middle/Last Name _____ Credentials _____

Home Address/Street _____

City _____ State _____ Zip _____ County/District _____

Home Phone _____ Home E-mail _____

Cell # _____ Preferred Mailing Address: ☐ Home ☐ Work

Place of Employment _____

Referred by _____

Practice/Department/Specialty _____

Employment Address _____ City/State/Zip _____

Work Phone _____ Work Fax _____ Work E-mail _____

AAPA# (if applicable) _____ NCCPA Registration # _____ NYS License # _____

PA Program graduated from or currently attending _____ Graduation Date _____

(Required for Student Membership)

☐ Please do not list me in the membership directory. ☐ I am interested in being a Mentor

Please indicate your interest in serving on a Committee(s)

- | | | | | |
|---|---|---|--|--|
| <input type="checkbox"/> Business Development | <input type="checkbox"/> Finance | <input type="checkbox"/> Membership | <input type="checkbox"/> Reimbursement | <input type="checkbox"/> Surgical Caucus |
| <input type="checkbox"/> Committee on Diversity | <input type="checkbox"/> Government Affairs | <input type="checkbox"/> Newsletter | <input type="checkbox"/> Scholarship | <input type="checkbox"/> Website |
| <input type="checkbox"/> Conference Planning | <input type="checkbox"/> Judicial Affairs | <input type="checkbox"/> Professional Relations | <input type="checkbox"/> Social Media | |
| <input type="checkbox"/> Elections | <input type="checkbox"/> Leadership | <input type="checkbox"/> Public Education | <input type="checkbox"/> Student Affairs | |

Annual Dues Payment

Please note that a portion of your dues will be used to support legislative lobbying efforts on behalf of NYSSPA and all New York State Physician Assistants.

Dues Amount: \$175 for Fellow, Affiliate and Associate. \$75 for Sustaining. \$75 for Student.

Membership Type: ☐ Fellow ☐ Affiliate ☐ Associate ☐ Sustaining ☐ Student (valid through enrollment) \$ _____

Voluntary Scholarship Contribution:

Help NYSSPA give annual scholarships annually to deserving students – the voices of our future. **(\$50 suggested)** \$ _____

Support NYSSPA's lobbying efforts with a PAC contribution. **(\$50 suggested)** \$ _____

Total: \$ _____

If paying by check, please make check payable to NYSSPA and mail to NYSSPA Membership, POB 606, Oceanville, NJ 08231

Credit card payments can be faxed to NYSSPA at 609-573-5064

☐ Visa ☐ MasterCard ☐ Amex

Card # _____ Exp Date _____ Security Code _____

Signature _____

Automatic Renewal

No more renewal notices. If paying by credit card you may authorize NYSSPA to automatically deduct your dues on an annual basis.

☐ Yes, I want my membership to be automatically renewed each year and authorize NYSSPA to charge my credit card.

Join NYSSPA today! www.nysspa.org



New York State Society of Physician Assistants

JOIN US!

2017 CME Conference

October 13 – 15, 2017

www.nysspa.org





New York State Society of Physician Assistants

SAVE THE DATE!

NYSSPA 2018 CME Conference

October 5 – 7, 2018

**Hilton Albany
Albany, New York**

